



# Pasta

(V - Vegetarian/ VG - Vegan/ GF - Gluten Free/ NF - Nut Free/ DF - Dairy Free/ ★ - Popular Item)



Price per person | Min. order of 6 per dish

Chicken Pesto ★ \$22

Penne rigate, mushrooms, gem tomatoes, light pesto & tomato sauce, zucchini

Ground Beef Lasagna \$22

With warm marinara sauce and 3 cheese blend

Pasta & Meatballs \$22

Rotini, spiced house marinara, zucchini, mushrooms, two 2oz meatballs, and mozzarella baked

Chicken & Bacon Alfredo ★ \$22

Fusilli, roasted mushrooms, bacon, white wine parmesan cream sauce

MEAT

VEG

Orecchiette Bake (V) \$22

With roasted butternut squash, mushroom, onion & pesto cream sauce

Vegan Bolognese (VG) ★ \$22

Penne rigate, button mushrooms, grape tomatoes, hearty tomato & "meat sauce", fresh herbs

Homemade Mac & Cheese (V) \$18

+add pulled pork for \$5



Gluten free Pasta +\$1 (Lasagna Excluded) | Individually packaged + \$1



# Stews, curries and Stir-Fry

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Price per person | Min. order of 6 per dish

## Thai Green Curry with Chicken (GF/DF/NF) ★

Roasted cauliflower, zucchini, cilantro, lime leaves, green chili and coconut milk, served with jasmine rice and grilled naan\* \$25

## Butter Chicken (GF/NF) ★ \$25

Spiced coconut tomato sauce and fresh cilantro, served with basmati rice and naan\*

## Chicken Thigh Cacciatore (GF/NF/DF) \$25

Rustic tomato sauce, mushrooms, peppers, black olives, soft polenta

MEAT

VEG

## Chickpea & Butternut Squash Curry (VG/GF) ★

Roasted butternut squash, tomato & coconut sauce with warm spices, served with basmati rice and naan\* \$22

## Moroccan Vegetable Stew (VG/GF) \$22

Chickpeas, dried apricot, zucchini, spinach, carrot, celery, tomato, cilantro, cumin, ginger, turmeric & cinnamon, served with basmati rice and naan\*

## Veggie Chow Mein (V/GF/NF/DF) \$21

Tofu, bok choy, red onion, sweet peppers, carrot, bean sprouts, sesame & soy hoisin sauce



\*Naan bread contains gluten





# Featured Entrées

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Price per person | Mini. order of 6 per entrée

Braised Beef Short Rib (GF) ★ \$42

Served with garlic mashed potatoes and seasonal vegetables

Grilled Chicken Breast \$29

Pesto & sundried tomato marinate, served with penne in herb tomato sauce, grilled asparagus & artichoke

Chicken Souvlaki ★ \$29

Marinated & grilled chicken thighs, roasted new potatoes & fresh herbs, naan bread\*, tzatziki\*, lemon wedge, green salad, red wine vinaigrette

MEAT

SEAFOOD & VEG

Pacific Salmon \$29

Local, sustainably farmed spring salmon, roasted new potatoes, corn & zucchini succotash, pesto & artichoke beurre blanc

Vegetarian Souvlaki ★ \$28

Assorted veg skewers, roasted new potatoes & fresh herbs, naan bread\*, tzatziki\*, lemon wedge, green salad, red wine vinaigrette



\*Naan bread contains gluten

\*Vegan alternative by excluding the tzatziki sauce

## Allergen Policy

While we strive to accommodate your allergy and dietary restriction requests, we cannot assure an entirely allergen-free environment. Some of our products are manufactured using shared equipment with dairy, eggs, nuts, wheat, and soy products. Please note, that for severe allergies such as peanuts, we are not a nut-free facility and therefore cannot guarantee there won't be cross contamination. Additional charges may apply to cover extra labor, specific ingredients, and personalized labeling