

# SANDWICH & WRAP

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MENU



VEGAN



VEGETARIAN



DAIRY FREE



NUT FREE



GLUTEN FREE

## SIGNATURE WRAPS

Signature Wraps | Assorted Flour Tortillas | Minimum 2 per type

### MEDITERRANEAN TUNA SALAD

\$15.00

Kalamata olives, capers, banana peppers, grilled onions, peppers, tomato

### CRISPY CHICKEN & BACON

\$15.00

Chipotle mayo, swiss cheese, lettuce, tomato & ranch dressing

### CRISPY SHRIMP

\$15.00

Wonton shrimps, cucumber, shredded carrot, lettuce, wasabi mayonnaise & sweet chili sauce

### ROAST BEEF THAI

\$15.00

Roast beef, lettuce, carrot, basil, cilantro, tomato, cucumber, spicy peanut & sweet chili sauce

### VEGAN ROASTED MEDITERRANEAN CAULIFLOWER



\$15.00

Roasted cauliflower, hummus, spinach, arugula, roasted red peppers, chickpeas, cucumber, tomato, carrot, pickled onions & tahini dressing

### FALAFEL & COUSCOUS



\$15.00

Falafel, Roasted chickpeas, tomato, cucumber, kalamata's, grilled onions, tzatziki

\*Vegan alternative by excluding the tzatziki sauce

### GREEK CHICKEN

\$15.00

Grilled chicken, olives, tzatziki, falafel, grilled onion, cucumber, tomatoes & chipotle mayo

## SIGNATURE SANDWICHES

Assortment of Artisan Breads & Baguette | Minimum 2 per type

### HAM & CHEESE

\$15.00

Shaved black forest ham, swiss cheese, Dijon, mayo, tomato, pickle

### ROAST BEEF

\$15.00

Sundried tomato & pesto cream cheese, grilled onion, tomato, arugula, lettuce

### TURKEY

\$15.00

Slow roast turkey breast, Swiss cheese, cranberry mayo, green apple slaw, lettuce

### PESTO CHICKEN

\$15.00

Grilled chicken breast, pesto mayo, swiss cheese, tomato, spinach & arugula

### EGG SALAD



\$15.00

Egg salad, dijon mayo, lettuce, pickles

### GRILLED VEGETABLE



\$15.00

Sundried tomato & pesto cream cheese, sweet pepper, zucchini, tomato, onion, spinach, arugula

\*Vegan alternative by excluding the cream cheese

Gluten free bread +\$2 | Individually labeled & wrapped + \$1

# LUNCH BOXES & COMBOS



VEGAN



VEGETARIAN



DAIRY FREE



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GLUTEN FREE

Prices are per item | Minimum order of 4 per item

## DELUXE LUNCH BOX

\$25.00

Signature sandwich or wrap  
Apple  
House baked cookie  
Pop/juice or water.

## EXECUTIVE LUNCH BOX

\$28.00

Signature sandwich or wrap  
Organic mixed greens with balsamic vinaigrette  
House baked cookie  
Pop/juice or water.

## SANDWICH OR WRAP & DRINK

\$19.00

Signature sandwich or wrap  
Choice of bottled water, pop or juice

## SANDWICH OR WRAP WITH DAILY SOUP

\$21.00

Signature sandwich or wrap accompanied by daily soup

Soup Options:

- Split Pea & Ham
- Minestrone
- Chicken Noodle
- Tomato
- Butternut Squash

## TRADITIONAL TEA SANDWICHES | (MIN. 3)

\$38 PER DOZEN

Cucumber & Cream Cheese  
Roast Beef  
Egg Salad  
Ham & Cheese  
Tuna  
Vegetable

Gluten free bread +\$2 | Individually labeled & wrapped + \$1

## ALLERGEN POLICY

While we strive to accommodate your allergy and dietary restriction requests, we cannot assure an entirely allergen-free environment. Some of our products are manufactured using shared equipment with dairy, eggs, nuts, wheat, and soy products.

Please note, that for severe allergies such as peanuts, we are not a nut-free facility and therefore cannot guarantee there won't be cross contamination.

Additional charges may apply to cover extra labor, specific ingredients, and personalized labeling.