

BREAKFAST

MENU





ALLERGEN POLICY

While we strive to accommodate your allergy and dietary restriction requests, we cannot assure an entirely allergen-free environment. Some of our products are manufactured using shared equipment with dairy, eggs, nuts, wheat, and soy products.

Please note, that for severe allergies such as peanuts, we are not a nut-free facility and therefore cannot guarantee there won't be cross contamination.

Additional charges may apply to cover extra labor, specific ingredients, and personalized labeling.



COLD BREAKFAST

V = VEGETARIAN | VG = VEGAN | GF = GLUTEN FREE | DF = DAIRY FREE | NF = NUT FREE

FRESHLY BAKED ASSORTED PASTRIES

ASSORTED MUFFINS | (MIN. 6) \$4.80

House made served with jam and whipped butter

GLUTEN FREE MUFFINS \$6.00

Freshly baked gluten-free muffins

ASSORTED MINI CROISSANTS & DANISHES | (MIN. 6) \$4.50

Served with jam and whipped butter

ASSORTED LOAVES | (MIN. 6) \$4.75

Served with jam and whipped butter

VEGAN PASTRIES \$6.00

FRESH BAGELS

SMOKED SALMON & CREAM CHEESE | (MIN. 6) \$10.00

Bagel halves platter, Pacific smoked salmon, cream cheese, lemon wedges, sliced Bermuda onions

FRESH ASSORTED BAGELS WITH CREAM CHEESE | (MIN. 6) \$4.75

Sliced bagels served with jam and cream cheese

SCONES

ASSORTED MINI SCONES | (MIN. 6) \$4.75

Served with jam and whipped butter

SAVORY SCONES | (MIN. 6) \$4.75

Bacon & Cheddar, Cheddar and Scallion, and Sundried Tomato and Basil

FRUIT

FRUIT SALAD | (MIN. 6) \$7.00

Home cut cubed seasonal fruit

FRESH WHOLE FRUIT | (MIN. 6) \$3.00

Basket of fresh seasonal fruit - Bananas, Apples, Oranges

FRUIT SKEWERS | (MIN. 6) \$7.00

FRESH FRUIT PLATTER SMALL \$48 / MEDIUM \$85 / LARGE \$155

Assortment of fresh seasonal fruit and berries

FRUITS, GRANOLA BARS, YOGURT

POTLUCK BREAKFAST PARFAIT CUPS | (MIN. 6) \$7.00

Homemade granola, yogurt and fresh berry coulis

PLAIN YOGURT | (MIN. 6) \$4.00

GRANOLA | (MIN. 6) \$5.00

VEGAN & GLUTEN FREE GRANOLA BAR | (MIN. 6) \$5.00




HOT BREAKFAST

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BREAKFAST SANDWICHES & WRAPS


Prices are per item, minimum order of 6 per item

BAGEL BREAKFAST SANDWICH \$8.00

- Egg, bacon, cheese
- Tomato, egg, cheese 

Gluten free option +\$3

ENGLISH MUFFIN BREAKFAST SANDWICH \$9.50

- Egg, bacon, cheese
- Tomato, egg, cheese 

Gluten free option +\$3

PLANT-BASED BREAKFAST SANDWICH \$13

With beyond meat, vegan cheese and tomato

HOT VEGETABLE BREAKFAST WRAP \$13

Scrambled eggs, potatoes, roasted vegetables, salsa verde, and cheese

HOT BREAKFAST WRAP - BACON \$13

Scrambled eggs, crispy bacon, potatoes, salsa verde, cheese

PLANT-BASED BREAKFAST WRAP | (MIN. 3) \$13

With tofu scramble, hash browns, vegan cheese, onions and tomato jam



HOT BREAKFAST

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A LA CARTE

Prices are per package, minimum order of 6 per package

FULL BREAKFAST

\$22.50

SCRAMBLED EGGS WITH SHARP CHEDDAR

Farm fresh eggs and sharp cheddar cheese
scramble

HOME STYLE NEW POTATO HASH

Served per person

BREAKFAST SAUSAGE

Grilled mild italian sausage

DOUBLE SMOKED BACON

Country style smoked bacon
2 pieces per person

VEGAN FULL BREAKFAST

\$24.50

SOUTHWEST TOFU SCRAMBLE

Tofu scramble, sweet red peppers, grilled onion,
grape tomatoes, cilantro, warm spices, salsa

HOME STYLE NEW POTATO HASH

Served per person

GRILLED TOMATOES

VEGAN BREAKFAST SAUSAGE

Field roasted, smoked apple & sage vegan
sausage

ADD-ONS

PANCAKE WITH SYRUP, BERRIES AND WHIPPED CREAM

\$8.00 PER PERSON

FRESH WHOLE FRUIT

\$3.00 PER PERSON

ASSORTED PASTRIES

\$4.50 PER PERSON



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COLD DRINKS

Prices are per person

ASSORTED BOTTLED FRUIT JUICE **\$3.50**

Assorted Sun Rype Orange, Apple, and Grapefruit juices

ESKA BOTTLED WATER **\$2.50**

EARTH WATER - ALUMINUM BOTTLES **\$3.95**

Enjoy your water in a more eco-friendly format. Comes in a re-usable or recyclable aluminum water bottle

HOT DRINKS

COFFEE & TEA

CARAFE - SERVES 8-10 CUPS **\$35.00 PER CARAFE**

Salt Spring Island Coffee - Decaf

Salt Spring Island Coffee

Red Rose and Assorted Teas

HALF CAMBRO - SERVES 40 CUPS **\$125 PER HALF CAMBRO**

Salt Spring Island Coffee - Decaf

Salt Spring Island Coffee

Red Rose and Assorted Teas

Hot Apple Cider

CAMBRO - SERVES 80 CUPS **\$220 PER CAMBRO**

Salt Spring Island Coffee - Decaf

Salt Spring Island Coffee

Red Rose and Assorted Teas