

SANDWICH & WRAP

MENU



VEGAN



VEGETARIAN



DAIRY FREE



NUT FREE



GLUTEN FREE

SIGNATURE WRAPS

Signature Wraps | Assorted Flour Tortillas | Minimum 2 per type

MEDITERRANEAN TUNA SALAD

\$15.00

Kalamata olives, capers, banana peppers, grilled onions, peppers, tomato

CRISPY CHICKEN & BACON

\$15.00

Chipotle mayo, swiss cheese, lettuce, tomato & ranch dressing

GREEK CHICKEN

\$15.00

Grilled chicken, olives, tzatziki, falafel, grilled onion, cucumber, tomatoes & chipotle mayo

ROAST BEEF THAI

\$15.00

Roast beef, lettuce, carrot, basil, cilantro, tomato, cucumber, spicy peanut & sweet chili sauce

VEGAN ROASTED MEDITERRANEAN CAULIFLOWER

\$15.00

Roasted cauliflower, hummus, spinach, arugula, roasted red peppers, chickpeas, cucumber, tomato, carrot, pickled onions & tahini dressing

FALAFEL & COUSCOUS

\$15.00

Falafel, Roasted chickpeas, tomato, cucumber, kalamata's, grilled onions, tzatziki

*Vegan alternative by excluding the tzatziki sauce

SIGNATURE SANDWICHES

Assortment of Artisan Breads & Baguette | Minimum 2 per type

HAM & CHEESE

\$15.00

Shaved black forest ham, swiss cheese, Dijon, mayo, tomato, pickle

ROAST BEEF

\$15.00

Sundried tomato & pesto cream cheese, grilled onion, tomato, arugula, lettuce

TURKEY

\$15.00

Slow roast turkey breast, Swiss cheese, cranberry mayo, green apple slaw, lettuce

PESTO CHICKEN

\$15.00

Grilled chicken breast, pesto mayo, swiss cheese, tomato, spinach & arugula

EGG SALAD

\$15.00

Egg salad, dijon mayo, lettuce, cucumber

GRILLED VEGETABLE

\$15.00

Sundried tomato & pesto cream cheese, sweet pepper, zucchini, tomato, onion, spinach, arugula

*Vegan alternative by excluding the cream cheese

Gluten free bread +\$2 | Individually labeled & wrapped + \$1

LUNCH BOXES & COMBOS



VEGAN



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Prices are per item | Minimum order of 4 per item

DELUXE LUNCH BOX

\$25.00

Signature sandwich or wrap
Apple
House baked cookie
Pop/juice or water.

EXECUTIVE LUNCH BOX

\$28.00

Signature sandwich or wrap
Organic mixed greens with balsamic vinaigrette
House baked cookie
Pop/juice or water.

SANDWICH OR WRAP & DRINK

\$19.00

Signature sandwich or wrap
Choice of bottled water, pop or juice

SANDWICH OR WRAP WITH DAILY SOUP

\$21.00

Signature sandwich or wrap accompanied by daily soup

Soup Options:

- Split Pea & Ham
- Minestrone
- Chicken Noodle
- Tomato
- Butternut Squash

TRADITIONAL TEA SANDWICHES | (MIN. 3)

\$38 PER DOZEN

Cucumber & Cream Cheese
Roast Beef
Egg Salad
Ham & Cheese
Tuna
Vegetable

Gluten free bread +\$2 | Individually labeled & wrapped + \$1

ALLERGEN POLICY

While we strive to accommodate your allergy and dietary restriction requests, we cannot assure an entirely allergen-free environment. Some of our products are manufactured using shared equipment with dairy, eggs, nuts, wheat, and soy products.

Please note, that for severe allergies such as peanuts, we are not a nut-free facility and therefore cannot guarantee there won't be cross contamination.

Additional charges may apply to cover extra labor, specific ingredients, and personalized labeling.