

While we strive to accommodate your allergy and dietary restriction requests, we cannot assure an entirely allergen-free environment. Some of our products are manufactured using shared equipment with dairy, eggs, nuts, wheat, and soy products.

Please note, that for severe allergies such as peanuts, we are not a nut-free facility and therefore cannot guarantee there won't be cross contamination.

Additional charges may apply to cover extra labor, specific ingredients, and personalized labeling.

## $\mathbf{V}=\mathrm{VEGETARIAN}|V G=V E G A N| G F=$ GLUTEN FREE \| IF = DAIRY FREE \| NF = NUT FREE

## PASTAS

Prices are per person, minimum order of 6 per entrée
CHICKEN PESTO ..... $\$ 21.00$Penne frigate, mushrooms, gem tomatoes, light pesto \& tomato sauce
GROUND BEEF LASAGNA ..... $\$ 21.00$With warm marinara sauce and 3 cheese blend
PASTA \& MEATBALLS\$21.00Rotini, spiced house marinara, zucchini, mushrooms, two $20 z$meatballs, and mozzarella baked
CHICKEN \& BACON ALFREDO ..... \$21.00Fusilli, roasted mushrooms, bacon, white wine parmesan cream sauce
ORECCHIETTE BAKE ..... $\$ 21.00$
With Roasted Butternut Squash \& Pesto Cream Sauce
VEGAN BOLOGNESE ..... $-V$\$21.00Penne frigate, button mushroom, hearty tomato \& "meat sauce" freshherbs
Gluten free Pasta + \$1 (Lasagna Excluded) | Individually packaged + \$1
STEWS, CURRIES AND STIR-FRY
Prices are per person, minimum order of 6 per entrée
THAI GREEN CURRY WITH CHICKEN ..... $-G F=-\operatorname{DF}$served with jasmine rice and grilled naan
BUTTER CHICKEN ..... CF $-N E$spiced coconut tomato sauce and fresh cilantro, served withbasmati rice and naan
CHICKPEA \& BUTTERNUT SQUASH CURRY\$21.00
Roasted butternut squash, tomato \& coconut sauce with warm spices,served with basmati rice and naan
MOROCCAN VEGETABLE STEW ..... $-(V)-D G$\$21.00
Chickpeas, dried apricot, zucchini, spinach, tomato, cilantro, cumin,turmeric \& cinnamon, served with basmati rice and naan*
CHICKEN THIGH CACCIATORE ..... $-G F-D F$Rustic tomato sauce, mushrooms, peppers, black olives, softpolentaVEGGIE CHOW MAIN


Tofu, bok choy, red onion, sweet peppers, carrot, bean sprouts, sesame \& soy hoisin sauce
$V=$ VEGETARIAN \| VG $=$ VEGAN \| GF = GLUTEN FREE \| DF = DAIRY FREE \| NF = NUT FREE

## MISC. ENTRÉE

Prices are per person, minimum order of 6 per entrée

## meatball bake

$\$ 18.00$

Four $20 z$ meatballs, house marinara sauce, grilled artichokes, roasted roma tomatoes, kalamata olives, mozzarella

## PACIFIC SALMON

$\$ 29.00$

Local, sustainably farmed spring salmon, roasted new potatoes, corn $\delta$ zucchini succotash, pesto $\delta$ artichoke beurre blanc
grilled chicken breast
$\$ 28.00$
Pesto $\mathcal{\&}$ sundried tomato marinate, gnocchi, herb tomato sauce, grilled asparagus $\delta$ artichoke
CHICKENSOUVLAKI -GF \$28.00
Marinated $\&$ grilled chicken thighs, roasted new potatoes $\mathcal{\&}$ fresh herbs, naan* bread, tzatziki, lemon wedge, green salad, red wine vinaigrette
VEGETARIAN SOUVLAKI
*Naan bread contains gluten

